WHATCOM CHAPTER



Whatcom Chapter P. O. Box 28607 Bellingham, WA 98228 2017

President: Rodney Vandersypen 360-961-3259 rodneyv@copper.net

#### Vice President:

Joe Remenar 360-818-4481 j.remenar@gmail.com

#### **Director:**

Bill McKenna 360-599-2526

#### **Alternate Director:**

Rocky Leavitt 360-599-2675

#### Secretary:

Lynn Johnson 360-384-5107

#### **Treasurer:**

Jackie Yereance 360-318-5509

#### **Membership:**

Helen Almojera 360-592-8080

#### <u>Newsletter Editor &</u> <u>Publicity</u>

Fran Van Diest fvandiest@msn.com 360-734-2567 Newsletter of the Whatcom Chapter Backcountry Horsemen of Washington

# TRAIL TALES

#### December 2017

# Notes from the President

BCHW mission statement: To perpetuate the common sense use and enjoyment of horses in America's back country and wilderness. To work to insure that public lands remain open to recreational stock use. To assist the various governmental and private agencies in their maintenance and management of said resource. To educate, encourage and solicit active participation in the wise use of the back country resource by horsemen and the general public commensurate with our heritage. To foster and encourage the formation of new chapters in the state organization.

Hope you all had a very good Thanksgiving Holiday. It looks like we made it to the last month of the year! You know what that means... Christmas Party Time!

I hope everyone can attend the Christmas Party on December 15, 2017 in conjunction with the Skagit County Chapter. See details within news-letter.

New offices were elected at our last meeting. I would like to thank our new officers for stepping up to the challenge of a New Year. We need members to consider leadership roles for next year's elections and bring new ideas to our chapter.

Yearly New Years Day Ride at Heady Road – conditions may be less than ideal so dress accordingly. Look forward to a very fun ride and lots of camaraderie around the campfire at lunchtime.

Annual Auction – coming up soon. This is the primary fundraiser for your chapter. We will need lots of help to plan, organize and accomplish a successful event.

See you at the Christmas Party,

Rodney

Check out our new and improved Website: http://www.whatcom-bch.com/

#### VET NOTES Sharon Hoofnagle D.V.M. Licking and Chewing Behavior

Stormy was having a bad day. The young horse was being ridden by his person in a lesson, but things just weren't clicking. The trainer was trying to end the lesson, but wanted to do so on a good note. She wanted the youngster to leave with a positive, good, feeling. Suddenly the colt dropped his head a little, licked, and made chewing movements with his mouth. "Ahh- finally"- the trainer laughed. "Make a big fuss over him and let's quit. He has submitted and is relaxed now"

So what's going on with the licking and chewing? It's a sign that the horse is relaxing, submitting, and is considered to be a good sign. But is it really good? Yes and no. Sue McDonnel, PhD is a specialist in animal behavior. Her article, "The Science Behind Licking and Chewing in Horses", published in The Horse magazine explains.

2017Iden by his person in a<br/>to end the lesson, but<br/>ave with a positive, good,<br/>made chewing movements<br/>ig fuss over him and let'sRoger Nelson<br/>360-599-2461Nate the horse is relaxing,<br/>good? Yes and no. Sue<br/>"The Science Behind<br/>azine explains.Joe Remenar<br/>360-818-4481Vous system kicks in. This<br/>and the mouth and lipsWORK PARTY<br/>COORDINATOR<br/>Roger Nelson<br/>360-599-2461

When any animal is upset, frightened, etc, the sympathetic nervous system kicks in. This is the fright-flight response. When this occurs salivation stops and the mouth and lips instantly dry.

The licking and chewing occur when the parasympathetic nervous system returns when the danger is over. Salivation re-occurs and the horse licks, chews, and often swallows.

So it's good that relaxation has occurred when the horse returned to the parasympathetic state but bad that the horse was experiencing stress that triggered the sympathetic response. Recognizing this has changed animal training methods. It is possible to train using positive reinforcement only.

Learning should be a fun positive experience. Can we avoid stress completely? Probably not- but we should try to keep it to a minimum

Ref: The Horse Oct 5 2016

The Science Behind 'Licking and Chewing' in Horses . By <u>Sue McDonnell, PhD, Certified AAB</u>

#### Membership for 2018

It's that time of the year to renew your membership for 2018. Please don't delay! The membership person needs time to process all the memberships and to submit to BCHW. Membership form enclosed please complete and return to Whatcom BCH, c/o of Helen Almojera at PO Box 28607, Bellingham, WA 98228

#### **EDITOR'S POLICIES**

Trail Tales is published monthly. Deadline for submission of articles is the 15th of each month. Noncopyrighted submissions are welcomed (subject to space limitations). Opinions and views expressed in letters or personal articles are not necessarily the opinions of BCH. Send submissions to: Editor, Fran Van Diest, 723 Van Wyck Rd, Bellingham, WA. 98226. Email to: fvandiest@msn.com.

#### Whatcom Chapter of Backcountry Horsemen Minutes of Monthly Meeting November 8, 2017

The meeting was called to order at 7:00 p.m. followed by the Pledge of Allegiance.

<u>Approval of Minutes</u>: Motion was made by Bill McKenna and seconded by Andy McLeod to approve the October 2017 minutes as published. Motion carried.

Guests: Kathy Roby, Leigh McGuire, Janine Frizzell, Linda Riley and Eileen Turk.

Sunshine: Cards were sent to Gary Grinde and Virgil Stremler, and a card was sent last month to Chic Long.

Treasurer's Report: Jackie gave the treasurer's report. She also brought more chocolates to sell.

**Director/Legislative**: Bill McKenna attended the wine ride and reported there were over 650 participants. He also has calendars for sale at \$15/each. Saturday there is a new member and recruitment meeting happening in Spokane. The State organization is trying to reemphasize LNT. LNT lost their grant at the State level. Not many people want to take the time to attend a training weekend. Bill said there is nothing legislative-wise at this time. Joe Remenar reported there are membership development workshops at Conway on Saturday (11/11) and in Spanaway on Sunday (11/12).

**DNR/Recreation Plan:** There is a DNR meeting Dec. 13, 7:00 p.m. at the Bellingham Vo-Tech. This is the last meeting before DNR narrows it down to two final proposals. Their plan will be written from the outcome of this meeting.

<u>Work Party/Trail Coordinator/Bosses</u>: Roger Nelson said there are currently no work parties scheduled. There are plans to work on Stewart Mt. after the snows leave (March?) to fix the boggy area at the bypass. Dawn Weaver wanted to know if Roger wanted to do a work party on Sat. to take out some small stuff. It was decided to meet at 9:00 a.m.

<u>**Trails**</u>: <u>Heady Road</u>: Roger reported a tree in the berm came down and blocked half the parking lot. He cleared it and took the wood to Bryce Creek Horse Camp. <u>Saxon</u>: Rocky reported Saxon is open to the top.

**Committees:** Fundraising: Helen reported the Heady/Salmon ride was great and we made good money.

<u>Unfinished Business</u>: <u>Christmas Party</u>: Janine Frizzell with the Skagit Chapter attended the meeting. Verna has reserved the Alger Community Hall for Friday, December 15. Each chapter is bringing a turkey and ham; the rest will be pot luck. We will be taking donations for the Food Bank and clothing/blankets.

<u>Elections</u>: Nominations were made. Motion was made by Bill McKenna that nominations be closed and the Secretary cast a single-wide ballot for the slate of officers as presented. Motion was seconded and carried. The new officers are: President, Rodney Vandersypen Vice-Pres., Joe Remenar Secretary, Geri Surratt Treasurer, Jackie Yereance Alt. Director, Joe Remenar Work Party Coordinator, Roger Nelson Trail Bosses, Dawn Weaver, Cindy Piccolo, Rocky Leavitt, Joe Remenar

#### Trail Tales

(Continue from Page 3) Whatcom Chapter of Backcountry Horsemen Minutes of Monthly Meeting November 8, 2017

<u>New Business:</u> <u>Auction:</u> Rodney mentioned we need to start planning for this. A sign-up sheet for volunteers was sent around.

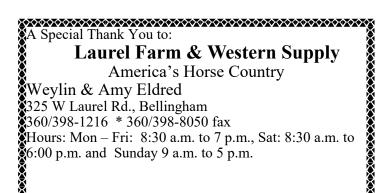
Sharon Hoofnagle attended the WA Trails Conference in Mukilteo. She found out the mountain bikers have low numbers but a stronger presence on the trails, while hiker numbers are very high but have a lesser presence.

Motion made by Joe Remenar to adjourn the meeting. Motion seconded and carried.

Meeting was adjourned at 7:53 p.m.

Respectfully submitted:

Lynn Johnson



#### CLASSIFIEDS

\*\* Place your classified ad here. Classifieds are free to Whatcom BCH members, or just \$3.00 for anyone else. Send your ad and money to the newsletter editor by the 2nd Wednesday of the month.



## **Sunshine Committee**

**If you know someone that needs a little ray of sunshine, please contact** Shirley Todhunter at 360-966-5206 or send her an email at hermater09@gmail.com

Gary Grinde: Get well card sent to Gary

Virgil Stremler: Get well card sent to Virgil.

#### **Advertising Rates**

Full Page----\$45.00 per month, limited to space available

1/2 Page.....\$90.00 for 6 months or \$150.00 for a Year

1/4 Page.....\$60.00 for 6 months or \$100.00 for a Year

Business Card....\$30.00 for 6 months or \$50.00 for a Year

Classifieds......\$3.00 per month

Free Classifieds for members!





No General Meeting in December!

Dec 15th—FridayChristmas Party with Skagit Chapter at Alger<br/>Community Hall, 18735 Parkview Lane, Alger.<br/>Social hour at 6:00pm dinner at 7:00pm. If anyone<br/>wants to help decorate the place, be there at 5:00pm.<br/>Please mark your potluck plate/utensils. Both chapters<br/>will provide turkey and ham, the rest is potluck, so<br/>please bring a dish to share. No alcohol in and around<br/>the premises.

Jan 1, 2018New Year's Day ride at Heady trails. The gate will<br/>be open. The club will provide hot dogs and<br/>hamburgers the rest will be potluck. A donation will be<br/>collected to help with gazebo/food cost.



2017COMMITTEE CHAIRS:

> LEGISLATIVE: Bill McKenna 360-599-2526

LEAVE NO TRACE: Bill McKenna 360-599-2526

VOLUNTEER HOURS: Verna McLeod 360-595-2744

> PROGRAMS: Sharon Hoofnagle 360-7344258

> Shirley Todhunter 360-966-5206

TRAIL HEAD COMMITTEE Mike McGlenn 360-739-2619

SCRAPBOOK Debbie Lagerwey 354-2804 Need Pictures!



### FOR SALE:

Well broke in Western Saddle. Needs a little TLC; hasn't been used in years. \$200. Ronald Mazza, 360.671.4408, ramazza@juno.com



#### **Volunteer Hours:**

Remember to report your hours each month, any meetings that are open to the public, if you go riding and stop and do some work, report hours. You can send an email to Verna at <u>verna@soundengineering.com</u> with information.



Whatcom and Skagit BCH Christmas Party <u>Friday, December 15, 2017</u> <u>Social Hour at 6:00 p.m. Dinner at 7:00 p.m.</u> <u>Alger Community Hall, 18</u>735 Parkview Ln.



This year Whatcom and Skagit Chapters will celebrate Christmas parties together. Both clubs will provide <u>Ham and</u> <u>Turkey</u>. The rest will be potluck.

Please bring a side dish share. Bring your favorite dish, anything that goes with ham and turkey! Be sure to mark your dish and serving utensils.

The club will provide plates, utensils, napkins and cups. We will have punch and coffee. <u>We will be eating at 7:00 p.m.</u>

If you would like to participate in the gift exchange please bring a <u>new wrapped gift, \$15.00 or less.</u> If you are bringing children, be sure to bring a gift for them and put their names on the gift.

We will be collecting unwrapped toys, non-perishable food, warm socks or gently used blankets for Hugs in a Bag. So be sure to bring something for the less fortunate. Skagit will also be collecting for their charity.



Come celebrate Christmas with us! (No alcohol, smoking allowed in the premises )

Directions: From Bellingham, take I-5 South, take exit 240 (Alger), turn left on Samish Road continue for about one mile, turn right on Old WA-99 continue for about one block, turn right on Parkview Lane.



Page 6











20

8

To join BCHW, complete this ap 18 and over), and enclose payme Chapter members, turn applicat <u>PO Box 28607, Bellingham, W</u> Independent members (folks w to "BCHW", and mail applica ATTN: MEMBERSHIP, 110 98926.	ent: tion and payment in to <u>VA 98228</u> . Make check vho are <b>not</b> joining a c ation and payment to: F	<u>Helen Aln</u> c out to: <u>W</u> hapter), m BCHW,	<u>nojera,</u> /hatcom BCH. ake check out	act an	HORSEMEN
Member	Info				
New Member Renewal – Me	embership number(s):				
Adult's name(s):	• • • • • •		•		
Children's name(s):					
Address:					
City:			ST:	Zip:	
Phone number:	E-m	nail:	-	<b>i i</b>	
Legislative district (if known):	County:				
Check to opt out of mailed (hard	copy) newsletter: BC	HW (Trail	head News) C	Chapter	
STATE MEMB	ERSHIP	CF	IAPTEF	R MEMBER	SHIP
Basic Membership				mbers must also be a m	
Single	\$41.00		However, BCHW dues only need to be paid <b>once</b> each year. Joining additional (secondary) chapters only requires paying chapter dues.		
Family	\$54.00				
- · · ·	•				
<b>Optional Membership</b> ( <i>includes family or single from above</i> )			Chapter Name (or Independent):		
Contributing	\$75.00		WHATCOM COUNTY		
Sustaining	\$125.00		If joining a secondary Chapter, provide the Chapter		
Patron	\$250.00		name where BCHW dues have been paid for 2018:		
Benefactor	\$500.00				
Lifetime (Single)	\$1200.00			Chapter Dues	\$10.00
State dues paid online (attach receipt copy)			Additi	onal Chapter Donation	\$
Additional State Donation \$				Chapter Subtotal	\$
State Subtotal \$			G 15	Fotal (State+Chapter)	\$

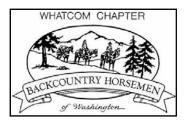
### LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children.

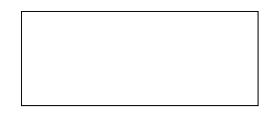
Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Backcountry Horsemen of Washington, Inc., including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

Signature: Date:			
	Signature:	Date:	
Signature: Date:	Signature:	Date:	
Signature: Date:	Signature:	Date:	

Backcountry Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c) (3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.



Fran Van Diest WBCH Newsletter Editor 723 Van Wyck Rd Bellingham , WA 98226 (360) 734-2567



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